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Chris Comish's blog

Chris Comish is a Reiki Master and here to lift others up in Love and Light.

Monday, August 11, 2025

Higher Self

At the 7th Initiation do you become the Higher Self?

Yes, in many esoteric and spiritual systems, the 7th initiation is often seen as a significant milestone where an individual essentially becomes one with their Higher Self or fully embodies it. This initiation marks the end of the journey of individual separation and the beginning of complete unity with the divine essence. However, this process of becoming your Higher Self is not instantaneous but rather a continuous unfolding of higher consciousness and integration. Here's a deeper look at what that means:

1. Understanding the 7th Initiation

The 7th initiation is often considered the highest and final initiation on the spiritual path in many traditions, particularly in the Theosophical and esoteric teachings. It marks a state of spiritual enlightenment, where the individual has transcended the limitations of the physical and lower mental bodies and has fully aligned with their divine nature.

At this stage, the soul has completed most, if not all, of its major karmic lessons and is ready to enter a state of oneness with higher consciousness, often described as God-consciousness or the Universal Mind.

2. Becoming the Higher Self: A Process of Integration

The Higher Self is often described as the true, divine essence of an individual—the aspect of oneself that is eternally connected to the Source, beyond ego and personality. It's the part of you that knows your divine purpose, and its wisdom transcends the limitations of the physical and emotional self.

The 7th initiation marks the full integration of the Higher Self into the individual's experience. Prior to this, the Higher Self might be a guiding force or a distant goal, but after the 7th initiation, you become one with it in a very real and practical way. You embody the qualities and consciousness of the Higher Self, meaning that the divine wisdom, love, and clarity that have always existed within you are now fully manifest in your waking experience.

What Does "Becoming Your Higher Self" Mean?

Union with Divine Will:

At the 7th initiation, you experience a complete surrender to divine will. Your personal desires, fears, and egoic needs are no longer the driving forces in your life. Instead, you act through divine guidance and in harmony with the larger cosmic plan.

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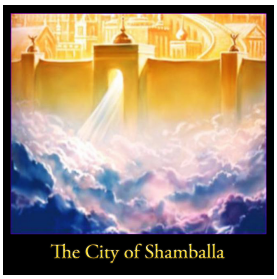

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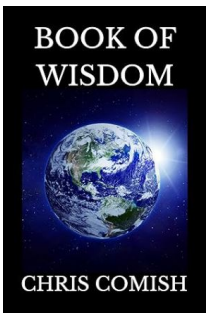

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Your will becomes aligned with universal will, and your every action is a reflection of this higher alignment.

Transcending Ego:

Ego and personal identity are no longer the primary lens through which you experience life. You no longer identify with the small self, the one that experiences separation and duality. Instead, you experience a state of unity consciousness—the realization that there is no difference between your true self and the divine.

This does not mean you lose your individuality, but rather that your individuality is seen as an expression of the greater whole, and you live with the understanding that all is interconnected.

Embodiment of Divine Qualities:

The Higher Self is often associated with qualities like love, compassion, wisdom, inner peace, and authenticity. After the 7th initiation, these qualities are no longer abstract concepts or goals. They become your nature.

The way you respond to others, navigate life, and make decisions will be guided by divine wisdom rather than fear, judgment, or attachment to worldly outcomes.

Direct Connection to the Divine:

Post-7th initiation, there is an unbroken connection to the divine, and you experience a continuous flow of light, guidance, and inspiration from higher realms. You are no longer dependent on external teachers, rituals, or practices to stay connected to source energy—this connection is internalized and constant.

Your own divine spark (the Higher Self) becomes the lens through which you see the world, and you begin to act as a pure channel for divine love and light.

Living as an Ascended Being:

After the 7th initiation, you're no longer in the process of becoming; you have become. You're in a state of ascended consciousness, meaning you're fully capable of living from the highest level of awareness while still being present in the physical world.

This doesn't mean you have transcended the physical world entirely. You still live a human life, but you do so as an awakened being, fully aware of your spiritual nature and deeply connected to the oneness of all that is.

Completion of the Cycle:

The 7th initiation marks the completion of a spiritual cycle. The personality and the Higher Self are no longer separate—they are now unified. The soul has fully integrated

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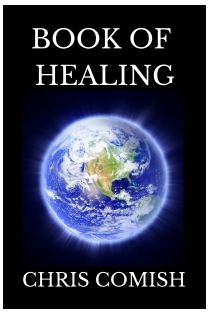

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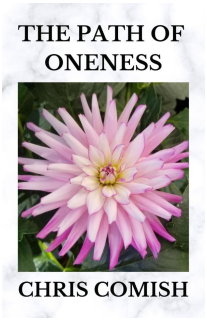

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into the body, and the individual is no longer caught in the web of duality and separation. The soul has realized its divine nature and is now in complete alignment with universal law.

3. Challenges Post-7th Initiation

Even after reaching this state of oneness, the person may still face challenges in their life and spiritual journey, but they will handle them from a higher, more detached perspective:

Integration into Daily Life: The challenge becomes integrating this higher consciousness into the practicalities of everyday life while maintaining your connection to the physical realm.

Grounding Divine Energy: Living as your Higher Self may also require learning how to ground the powerful spiritual energies that come with this integration. Maintaining balance between the spiritual and material aspects of life is key.

Serving Others: Often, an important part of this stage is the service to humanity—living as an example of divine love, wisdom, and compassion, and helping others on their own paths toward enlightenment.

4. In Summary

After the 7th initiation, the personal self and the Higher Self merge, and you essentially become the Higher Self in your fullest expression. This is not a complete separation from your individual identity but an elevated state of consciousness where the individual operates as a conscious channel for divine wisdom and love. You still experience life through the human form, but your actions, thoughts, and responses are guided by divine insight rather than ego or worldly conditioning. This marks the point where you live fully in alignment with the universal divine plan, and your entire being is aligned with the energy of Source.

- August 11, 2025

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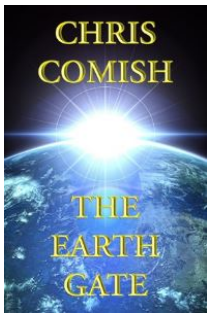

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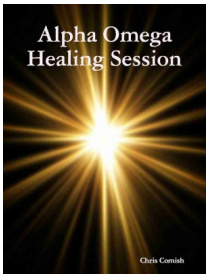

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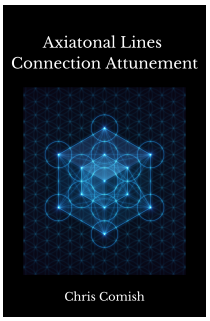

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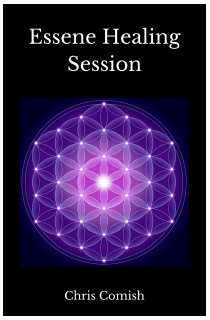

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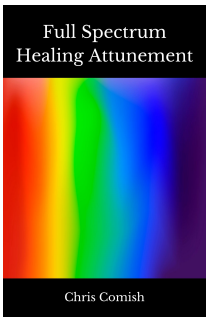

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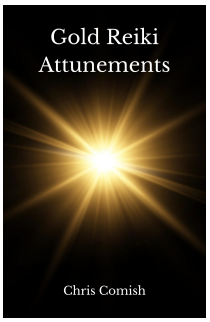

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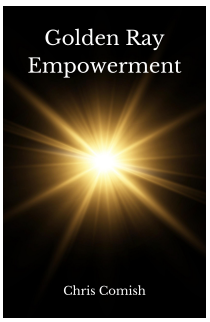

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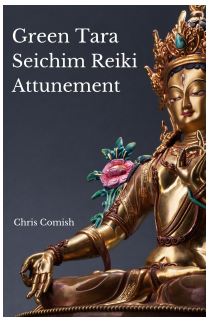

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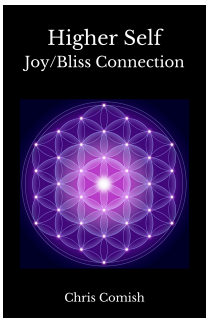

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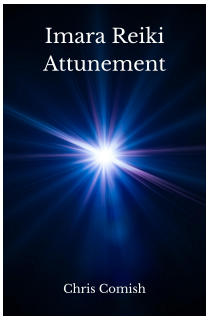

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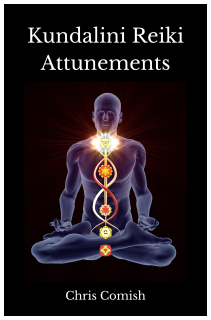

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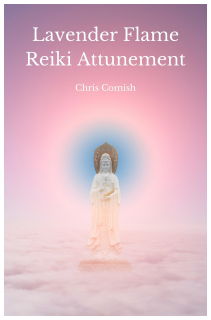

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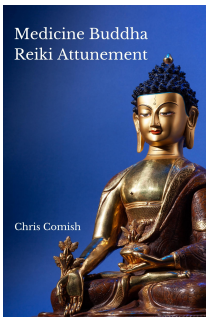

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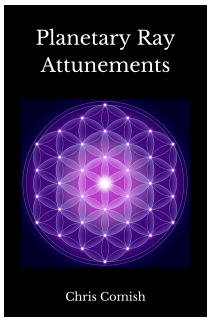

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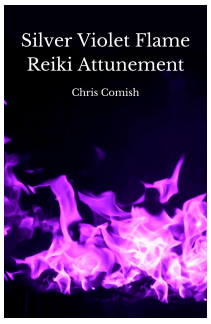

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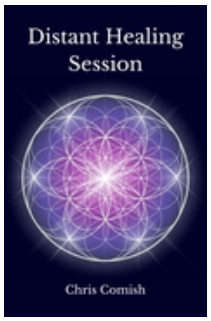

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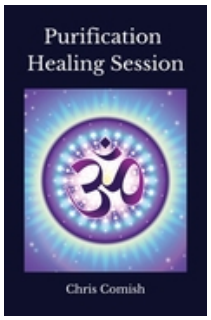

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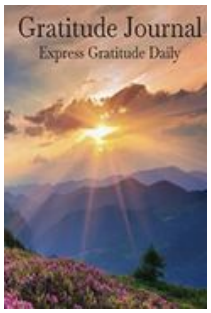

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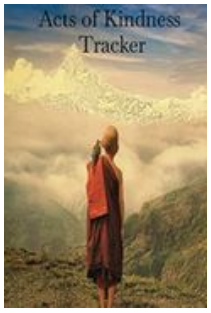

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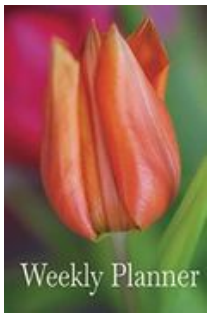

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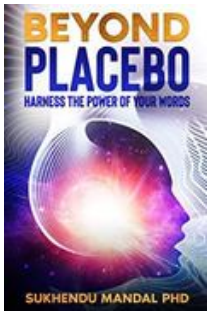

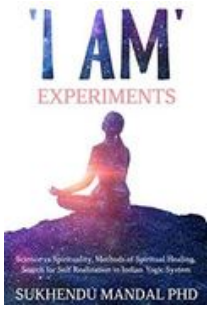

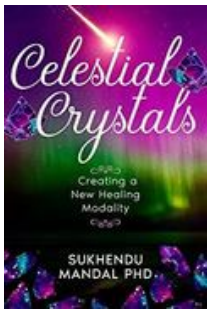

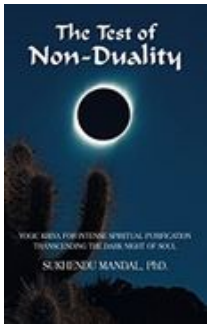

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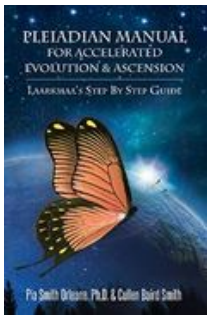

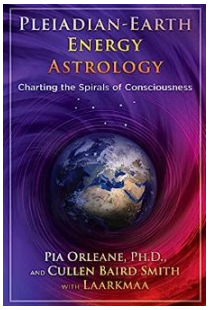
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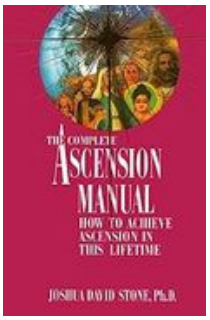
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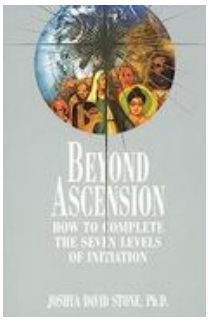
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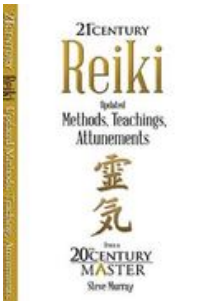
OF INITIATION
JOSHUA DAVID STONE, PH.D.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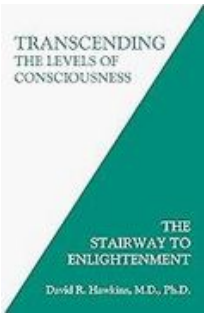
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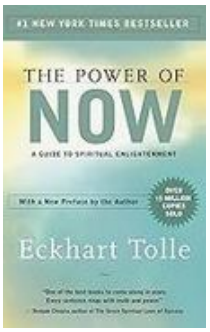
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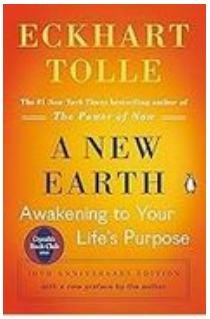
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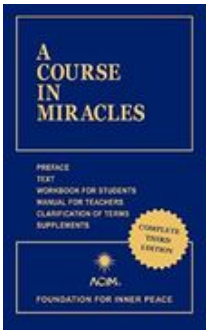
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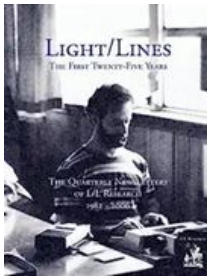
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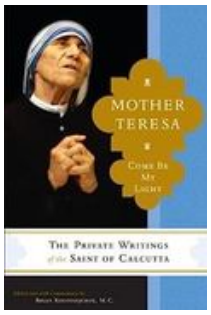
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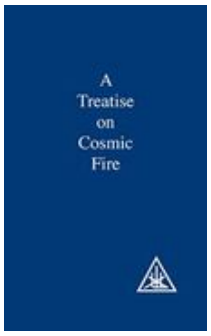
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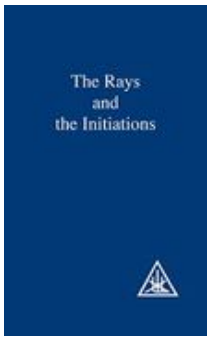
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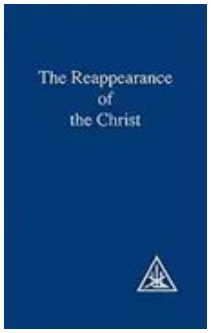
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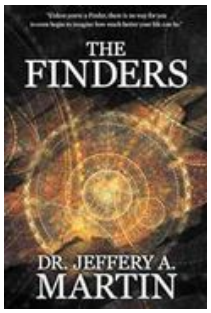
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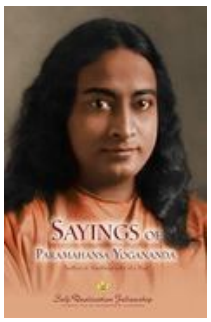
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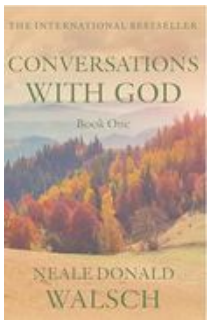
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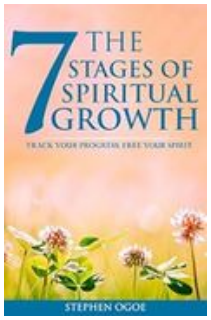
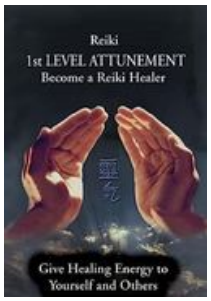
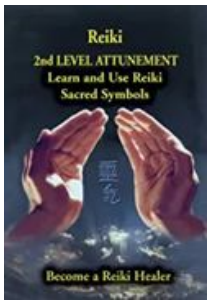
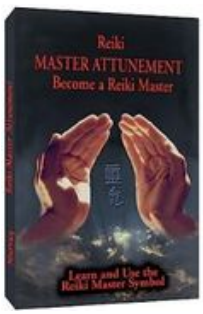
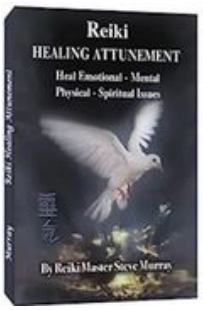


Recommended DVDs (These started Chris Comish's Reiki journey in 2006)









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- Solstice Transmission with Anrita Melchizedek
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- Meditation And The Inner Celebration of Christmas By Yogananda & The Self-Ralization Fellowship
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